



Counties in each RDO region

Understand what RDO region you fall into based on the postcode you have registered with us.

Northern counties

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Cumbria	
Merseyside	
County Durham	
Lancashire	
Yorkshire	
Northumberland	
Tyne and Wear	
Greater Manchester	

Midlands counties

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Cheshire East	Derbyshire
Cheshire West	South Yorkshire
Staffordshire	Nottinghamshire
Worcestershire	Lincolnshire
Gloucestershire	Northamptonshire
Warwickshire	
West Midlands	
Leicestershire	

South East counties

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Norfolk	Surrey
Suffolk	Middlesex
Essex	Hertfordshire

Kent	Bedfordshire
East Sussex	Cambridgeshire
West Sussex	Huntingdonshire
Oxfordshire	
Buckinghamshire	

South West counties

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Hampshire	
Wiltshire	
Somerset	
Devon	
Dorset	
Cornwall	
Berkshire	

Wales and Borders counties

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Shropshire	Anglesey
Herefordshire	Blaenau Gwent
Wrexham	Bridgend
Carmarthenshire	Caerphilly
Ceredigion	Cardiff
Conwy	Glamorgan
Denbighshire	Gwynedd
Flintshire	Merthyr Tydfil
Monmouthshire	Neath Port Talbot
Newport	Newport City
Pembrokeshire	Powys
Rhondda Cynon Taff	Swansea
Torfaen	

Scotland counties

RDO: Aileen Firth scotland@ror.org.uk

All Scotland	
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