

Extreme heat

Key advice for horse owners

1



Plan ahead

Check conditions before you ride, travel or compete.

- ✓ Consider exercising during cooler parts of the day
- ✓ Avoid strenuous work during periods of extreme heat
- ✓ Allow extra time for travel and rest breaks
- ✓ Check event updates and any heat-related guidance before travelling

2

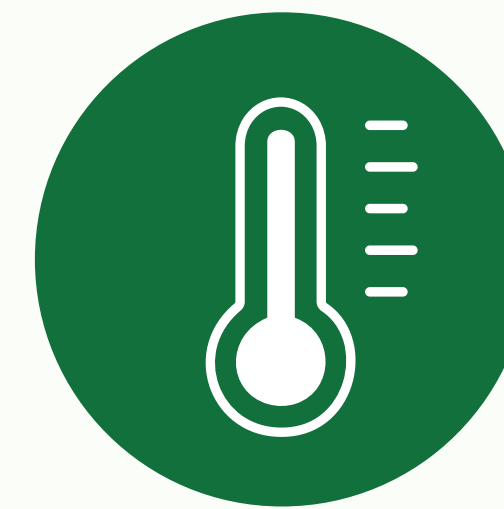


Keep cool

Help your horse stay comfortable and hydrated.

- ✓ Ensure access to clean, fresh water at all times
- ✓ Provide shade wherever possible
- ✓ Use cooling methods such as hosing; especially on the neck and hindquarters
- ✓ Monitor horse closely after exercise
- ✓ Consider turnout times carefully during hot weather

3



Recognise heat stress

Know the signs and act quickly. Look out for:

- ✓ Excessive sweating or, unusually, a lack of sweating
- ✓ Rapid breathing or prolonged recovery after exercise
- ✓ Elevated temperature
- ✓ Lethargy, weakness or signs of distress
- ✓ Reduced appetite or reluctance to move



Concerned about your horse?

Take action immediately and contact your vet.

Scan for full guidance on managing horses during periods of extreme heat.



Please share this advice with other horse owners